



***“The number of jobs in gerontology-related fields will increase by more than 36% by 2012.”
(Bureau of Labor Statistic estimate).***

Bon Voyage Professor Dixon Arnett



Students of the College of Gerontology were devastated by the recent news of Professor Dixon Arnett’s resignation as of December 31, 2005. Dixon has provided many

students at SDSU with their first educational experience in Gerontology; teaching GERO 101 to majors and non-majors alike.

The future of the Department of Gerontology has been threatened over the past semester, leaving many of the staff, including Professor Arnett, disillusioned with the SDSU system.

In a statement provided to SDSU’s Daily Aztec in December of this year, Dixon expressed his “disgust and deep disappointment over [the] decision to abolish the department of gerontology at SDSU”. In the same article, Arnett goes on to describe his reaction to the abolishment as

Written by: Lori Delemios

comparable to “[being] whacked by a two-by-four.”

The students and staff of the Gerontology Department have found this loss to be an especially difficult one to accept. As a graduating student of SDSU’s Gerontology Program, I was deeply saddened to hear of Professor Arnett’s departure. Personally, I found him to be one of the kindest, most passionate teachers I’ve ever encountered in my years of education. I find it truly unfortunate that the future generations of gerontology majors at SDSU will be deprived of his wisdom and passion as an educator.

Gerontology at SDSU will not be the same without Professor Arnett, although we do wish him the best of luck in the future. Dixon Arnett has touched us all through his teaching and bright personality; he will truly be missed, but never forgotten.

November General GSA Meeting

Marty Dare, Aging and Independent Services Outreach & Education, was our guest speaker and gave a speech about elder abuse. Board members also announced future fundraiser events and updates regarding the Alumni Banquet.



GSA's First Volunteer Activity of the Year

Written by: Laura Riley & Rachel Andrada



Pamela Smith, Director of AIS, gave a little speech to students and senior volunteers before the games.



GSA volunteers from left to right: Rachel Andrada, Layla Diriye, Wilhermina Calaguas, Lori Delemios, & Laura Riley.

The Gerontology Student Association participated in its first volunteer opportunity of the year! Five GSA members volunteered at the 2nd Annual East County Intergenerational Games where “Everyone’s a Winner” at the Boys and Girls Club of East County on November 30th. It was a fun-filled day of activities focusing on physical activity and healthy eating. Fourth and Fifth graders

from a local elementary school were paired up with senior volunteers over the age of 50 to participate in different sport stations such as frisbee golf, soft ball bull’s eye, billiards and wall ball. The GSA volunteers were in charge of over-seeing these different stations, placing gold medals on all the seniors and children, and had an overall great time playing with the young and old.

Special Thanks from our Fall Semester Fundraisers!!!

Monies raised go toward the Annual Alumni Dinner which is planned for Friday, April, 28, 2006 at the Mission Valley Sheraton Hotel. We are in the process of searching for Alumni contact information. Please contact GSA at gerostudentassoc@gmail.com so we can send you an invite.



Fresh Fridays @ The Rox

Sponsored by Victory Media Group

THANK YOU...

For all of those who came out and supported GSA! We appreciate you coming out and showing your love for our association. Thank you for your generous donations, contributions, great memories and camaraderie!

☺ Maria-Fe & Wilhermina, Event Chairs

(FUNDRAISERS continued on page 5...)



Past Internships from Summer & Fall

Here is a list of internships that past undergraduate and graduate students have performed. If you are interested in more information about interning at one of these locations, please contact the professor teaching GERO 400 & 700 A/B or Dr. Garrett.

Summer 2005

Jim Briner	<i>Meals-on-Wheels</i> Charlie Flieshman	Veronica Fisher-Gonzalez	<i>Norman Senior Center Chula Vista (program design)</i> Karen Harvell, Mgr. Anabel Kuykendall
Habiba Mohammad	<i>NHA Project CARE</i>		
Alison Waite	<i>Yoga Association</i> Silveryoga.com Henry Issac	Jacqueline Lentz	<i>L.E.A.P.S and Bounds</i> (art therapy) Linda Bounds
Rodene Gosselin	<i>Center for Spirituality and Ethics in Aging</i> Donald Koepke Lutheran LTC	Laura Ramos	<i>St. Paul's Senior Homes</i> (active care) Linda Hopkins
Jennifer Mangosong	<i>W.Va. Bureau of Senior Services</i> Gov's Office: www.wv.gip.org Bill Lyton, Director	Lori Delemios & Gina Catania	<i>Sharp Grossmont Hospital</i> (Senior Resource Center) Andrea Holmberg
Yelena Aris	<i>IHSS: History and Issues</i>	Rachel Andrada; Maria-Fe Garcia; & Layla Diriye	<i>NHA Project CARE & Paradise Senior Center</i>
		Midori Saito	<i>HealthCare Lifeline, Inc.</i> San Diego Teresa Shanahan

Fall 2005

Terry Merrill	<i>Legal Affairs</i> Chula Vista Senior Center	Jamie Kensinger	<i>Osher Lifelong Learning Project</i> College of Extended Services, SDSU M.C. Brady
Allison Andrelichik	<i>Older Women's League (OWL)</i> Jean Stein, President	Jacki Lentz	<i>Memories-in-the-Making (MIM)</i> Alzheimer's Association Bonnie Starr
Wilhermina Calaguas & Laurie Quiogue	<i>Neighborhood House Association</i> Emily Merritt	I-Li Chao	<i>Lifeline HealthCare Inc.</i> Teresa Shanahan/ Megan Wickline
Laura Ramos	<i>ActivCare at La Mesa</i> Hattie Kotrla		



Holiday Safety Tips

Written by: Maria-Fe Garcia

Here are some safety tips to aid you with making your holiday safer around campus:

1. Do not bring valuables to campus if possible.
2. Keep cash and other valuables out of sight. This includes Christmas presents.
3. Do not leave your books, purses, or belongings unattended. Remember to mark your property so that it can be identified if ever lost or stolen.
4. Walk in well-lit areas and preferably not alone when possible.
5. Carry your cell phone in your hand, so it is available if you ever need it. If you do not have a cell phone, know the location of the help phones when on campus or the nearest available phone.
6. Carry your keys in your hands to get into your vehicle more quickly. Your keys can also be used as a self-defense tool.
7. Report suspicious activity to the police by calling 911.

SDSU provides escorts to vehicles by request. The service is available to and from all parking areas and campus locations. If you feel you are unable to walk to your car safely, call them at 619-594-6659 or 511 if on campus*. Faculty, staff and students are encouraged to take advantage of the escort service. It is offered from dusk to dawn by Public Safety.

*phone calls are free of charge

Together we can keep our campus safe from crime over this holiday season and throughout the New Year.

-Officer Barb Henson

Referenced Website:

<http://www.rwactivist.com/media/paper/248/news/2005/11/28/Opinion/Uc.Police.Offer.Holiday.Safety.Tips-1111919.shtml?norewrite&sourcedomain=www.rwactivist.com>



Special thanks & wishes to Students, Faculty & Supporters:

“Happy Holidays & **A HAPPY NEW YEAR !!**”

From GSA Officers: Rachel, Chae, Lori, Laura, Wilhermina, & Maria-Fe

Fall Semester Fundraisers continued from page 2...



Holiday Grams!



Senior Holiday!



The seniors of Neighborhood House Association received their “grams” on December 15th.

The senior center was filled with holiday spirit as the seniors enjoyed their greetings from their thoughtful friends.

They all felt very special and delighted that someone is thinking of them this Holiday Season.



Thank you for your participation and support.



*Willhermina Calaguas
Co-Events Chair &
Undergrad NHA Intern*



*Laurie Quiogue -
Undergrad NHA Intern*



Applebee's Fundraiser

The Gerontology Student Association would like to thank all of those who participated in the “dining for donations” fundraiser at Applebee's in Mission Valley. Not only did you enjoy a great dinner, but you helped the GSA raise much needed funds! Thank You! –*Laura, Publicity*



T-Shirt Sales

We are so excited that the t-shirt sales turned out so well! We thank you for supporting and spreading the word out about gerontology by your purchase of these shirts. Plans for new designs for the Spring are on the way & we still have a few of the Fall line for sale. Please email: gerostudentassoc@gmail.com if you would like to buy a shirt.

Thank You! –*Rachel, President*



FRONT

BACK



Sizes Left: Adult S & L
Black shirt (with white print)

Sizes Left: Adult L & XL
Green or Brown shirt
(with yellow print)

Sizes Left: Adult S, M, L, XL (Lt. Blue)
Adult S, L, XL (Navy)
(with white print)

WE'RE ON THE WEB:
WWW.GERO.SDSU.EDU

Board Members Contact Info:

Rachel Andrada, President
rachel.andrada@gmail.com

Chae Man Lee, Vice-President
missjewell@hotmail.com

Lori Delemios, Treasurer
loridelemios@hotmail.com

Laura Riley, Publicity Chair
lauraann_riley@yahoo.com

Wilhermina Calaguas, Co-Events Chair
ladypurp636@yahoo.com

Maria-Fe Garcia, Co-Events Chair
x1nonlyfex@aol.com

Dr. Mario Garrett, Club Advisor
mgarrett@mail.sdsu.edu

Main Email Address:
gerostudentassoc@gmail.com

San Diego State University
5500 Campanile Drive
San Diego, CA 92182-1872

*Department of Gerontology Office located
@ Hepner Hall 203
Telephone: 619-594-6765*

Future General Meetings Dates are Set!

General Club Meetings are scheduled for the Spring 2006 Semester! The first Thursday of the Month starting in February at **2pm**:

February 2nd

March 2nd

April 6th &

May 4th

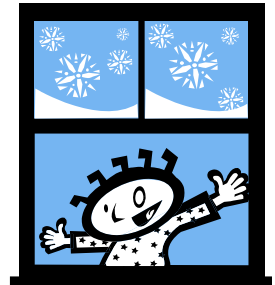
We are still in search for guest speakers on those days. If you have any ideas or prefer a certain topic to be discussed at these meetings, please contact any of the Board Members at: **gerostudentassoc@gmail.com**.

Save the Date!!

Save the Date! Alumni Banquet scheduled for Friday, April 28, 2006 at the Mission Valley Sheraton Hotel. More information to come...

Secretary position in now OPEN

The GSA is in search of a Secretary starting the Spring Semester. If you or if you know a student who would like to participate, gain experience as a board member, and become an advocate for the gerontology students, we would love to hear from you!!!



Comments? Suggestions? How can we serve you?

We welcome & value your suggestions or comments to help serve you. Please feel free to drop this slip of paper at the GSA inbox at Hepner Hall 203 or E-mail at gerostudentassoc@gmail.com.

Date: _____

Contact info (optional): _____

Suggestion/comment: _____

